ACCREDITATION INTERUNIVERSITY WEBINAR SERIES

**WEBINAR 1:**

* **TITLE:** The muscle: why and how should we target this crucial organ in the rehabilitation of patients with chronic internal diseases
* **DATE AND TIME:** 22nd of April 2021 from 19.00h – 21.30h
* **TOTAL AMOUNT OF HOURS:** 2h30min
* **PROGRAMME:**

|  |  |
| --- | --- |
| **19.00h – 19.45h** | *Muscle conditioning and anabolic resistance*  Key-note speaker: Prof. Dr. Luc van Loon (Maastricht University) |
| **19.45h – 20.10h** | *Focus on muscle vascular reactivity: What goes wrong and how can we counteract it?*  Speaker: Thibaux Van der Stede (Ghent University/Copenhagen University) |
| **20.10h – 20.30h** | Break + Q&A for abstract ranked 2-5th place via infographic |
| **20.30h – 20:55h** | *Focus on muscle function: Are we forgetting to address muscle endurance and muscle power in our rehabilitation programs?*  Speaker: Prof. Dr. Andre Nyberg (Umea University) |
| **20:55h – 21.20h** | *Focus on interventional rehabilitation strategies: The effectiveness and feasibility of high-intensity interval training to enhance muscle function.*  Speaker: Simon Helleputte (Ghent University) |
| **21.20h – 21.30h** | Presentation of best-abstract |